



Subpart P One-hour

Why the Training?

 People die in excavations!
 See Fatal Facts
 Regulations
 29 CFR 1926, Subpart P



What We Will Cover



Regulations
Competent Person

Qualifications
Responsibilities

Hazards of Excavations

What We Will Cover



 Soil Classifications Protective Systems Sloping Shoring Inspections Emergency Response

Regulations



29 CFR 1926 Subpart P - Excavations
 Appoint Competent Person
 Soil evaluations by Competent Person
 Daily Inspections by Competent Person
 Shoring and sloping evaluations by

- Competent Person
- Stop Work Authority of Competent Person

Competent Person

 "Competent person" means one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.

Competent Person

• Qualifications

- Knowledge of soils and soil classification
- Understands design and use of protective systems
- Ability to recognize and test hazardous atmospheres
- Documented training
- Prior excavation experience

Competent Person

- Responsibilities
 - Site safety briefings on excavation safety
 - Daily excavation inspections
 - More frequent if conditions change (e.g. freeze/thaw, rain, vibration)
 - Physically located at the excavation



Excavation Hazards

Surface encumbrances Utilities Access/Egress Vehicle traffic Falling loads Mobile equipment

- Hazardous atmospheres
- Water accumulation
- Adjacent structures
- Loose rock or soil
- Falls
- Cave-in

Surface Encumbrances

 Need to be removed or supported
 e.g. fencing, piping, structure, materials



Utilities

Underground Locate prior to digging Certify deactivation



Protect, support, or remove







Utilities

 Aboveground
 De-energize or
 Isolation from power lines



Access/Egress

 Note: Poor housekeeping ---- # 1 cause of slips, trips and falls on construction projects

- Debris kept cleared from work areas
- Mark hazards
- Barricade or cover holes
- Egress provided-
 - 25' travel distance
 - ladders
 - 🔶 ramps
 - stairs

Vehicle Traffic

- Traffic Control
- Traffic Safety Vests





Exposure to Falling Loads



No work under loadsOperators remain in cab

Mobile Equipment

- Warning system
 Barricades
 Hand signals
 - Mechanical signals
 - Stop logs
 - Grade away from excavation



Hazardous Atmospheres

Test @ 4' if suspected

- ↓ LEL
- Oxygen
- ◆ CO
- → H2S
- Petroleum
- Other toxics



Ventilation

- Displace hazardous gases and vapors
- Considerations
 - Heavier than air or lighter than air contaminant
 - Exhausting or blowing in
 - Volume/time required to lower concentrations to acceptable levels



Water Accumulation



- Protection from hazards associated with water accumulation
 - Protection against cave-in
 - Water removal (pumping)
 - Run-off protection
 - Consider temporary shut-off of water lines

Adjacent Structures

Ensure structure stability
 Shoring
 Bracing
 Underpinning
 Or evaluation by P.E.



Loose Rock and Soil

- Protection of
 employees from loose
 rock or soil
 - Scaling
 - Protective barriers
 - Placing material at least 2' from edge
 - No work on slopes above workers





Fall Protection

 Any surface б feet or more above a lower level shall be protected by: walkways with guardrail systems personal fall arrest systems • Other options include: warning lines systems safety monitoring systems

Cave-in

- Protection from cave-in requires a systematic approach including:
 - Soil classification
 - Protective systems
 - Inspection
 - Employee training







Soil Classification

- Soil Classification (Type A,B,or C) determines construction of protective system:
 - Sloping or benching
 - Shoring
 - Timber shoring
 - Aluminum shoring

Protective Systems

- Required unless:
 - Excavation in stable rock
 - Excavation less than 5

 (4' some states) and examination by
 Competent Person
 determines no potential
 for cave-in





Protective Systems

Options Include:

- Sloping and benching
- Shoring/sheet piling/ shielding (e.g.trench boxes)
- Designed by P.E. if deeper than 20'



Simple Sloping

• Type A - 3/4:1

• Type B - 1:1





Benching









• Type C

NA

Shoring

Based on OSHA Appendices
Based on Manufacturer data
Designed by a P.E.



Timber Shoring Installations



- Appendix C of OSHA regulations
- Requires soil classification
- Based on depth and width of trench
- Consult tables for specs on
 - Cross braces
 - Wales
 - Uprights

Aluminum Shoring Installations

- Appendix D of OSHA regulations
- Requires soil classification
- Based on depth and width of trench
- Consult tables for specs on
 - Hydraulic cylinders
 - Wales
 - Uprights



Shields (i.e. Trench Boxes)



Protective Systems



Installation

- Securely connected
- Employees clear of area under shields during installation
- Installed to prevent movement
- Must protect employees while entering excavation

Protective Systems

Removal

- Employees clear of area under shields during removal
- Shoring removed from the bottom up, SLOWLY!
- Backfill with removal



Excavation Inspections

- Daily Inspections of ALL excavations by Competent Person
 - Start of shift, as needed, following rainstorms or other hazard-increasing event
 - Possible cave-ins
 - Protective system failure
 - Water accumulation
 - Hazardous atmospheres

 Competent person has authority to remove workers from the excavation













Initial Size-up

- Type of incident?
 - Cave-in, flooding, medical, fire, spill
- Injuries?
 - Number and type
- Missing personnel?
- Chemical (or sewage) exposures?
- Safety of excavation for rescuers?

• Notify:

- Field personnel
- HSO = Emergency Coordinator
- Fire Department
- Police Department
- Emergency Medical Services (EMS)/Hospital







- Stabilize cave-in
- Control flooding
- Hazardous Atmospheres?
 - Ventilate
 - → SCBA
 - Safety harness and line
 - Basket stretcher





- The best rescue is the one you never have to make!
 - Practice proper procedures
 - Make sure everything is safe before anybody goes in!

DON'T ROLL THE DICE!!!

