



ZUMBA® FITNESS

AT CAPEHART PARK

Ditch The Workout, Join The Party!

What is ZUMBA®? Its fun, easy international dance moves choreographed to international music. This “exercise in disguise” will leave you wondering whether it was a workout or a party!

Mondays

6pm - 7pm

Thursdays

7:15pm - 8:15pm

**NO DANCE
EXPERIENCE
REQUIRED!**



ORANGE
COUNTY
PARKS &
RECREATION

Bring Water, a sense of fun and let's PARTY!

Price Rates:

Monthly \$40 • Biweekly \$24 • Weekly \$14

Registration Fee \$10.00

Payments are due on the first day of class

Join certified Zumba® fitness instructor, Grace Rivera and experience this dance fitness phenomenon called ZUMBA®!

For more information, call 407-254-9160 ext. 10

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We embrace the power of diversity. Orange County Parks and Recreation does not discriminate against anyone on the basis of age, race, gender, national origin or disability. ANY SPECIAL NEEDS PLEASE CALL.

www.OrangeCountyParks.net • www.OrlandoMagicOCFLGyms.net

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