

**Community Partnerships Committee
Of the Orange County Commission on Aging**

Tuesday, January 10, 2017 * 8:30 a.m. – 10:00 a.m.
Holden Heights Community Center, 1201 20th St., Orlando, FL 32805

Bringing together local organizations that work directly with & provide services for seniors, their caregivers & their families in the Central Florida community. Providing the Commission on Aging input on proposed projects & identifying needs of older Orange County adults.

Members Present

Edith Gendron, Alzheimer's & Dementia Resource Center
Eva Anderson, public sector
Gena Brooks, Hand in Hand, HHC
Elisabeth DeFreitas, Digestive & Liver Center of Florida
Melissa Inglis, Candid Care, LLC
Ken Jenkins, Easter Seals
Barbara Keene, Everyone's Counseling Center
Maxina Krona, Admire Care, LLC
Kim Lee, Flourish in Place, LLC
Sarah Lightell, Senior Resource Alliance
Bridgett Monroe, Cornerstone Hospice
Carlos Morales, Orange County Consumer Fraud
Nancy Nix, Sawyer & Sawyer, P.A.
Stephanie Nunne, Candid Care, LLC
Estephany Nunez, Digestive & Liver Center of Florida
Patrick Peters, Orange County Human Resources
Ignacio Quinones, North Star Senior Advisors
Wendy Roman, Humana
Teretha Singletary, Community Legal Services
Ken Terrell, Oak Central Florida
Donta Walker, Florida Council on Compulsive Gambling

Staff Present

Mimi Reggentin, Office on Aging

Minutes

- Welcome - Ms. Gendron opened the meeting and thanked everyone for attending.
- Presentation – Planning for Retirement Before You Retire
 - Patrick Peters, Benefits and Wellness Administrator, Orange County Human Resources Division spoke on the topic of how to best plan for retirement. Mr. Peters stated there are three primary sources of retirement income including employer sponsored plans, Social Security and personal investments. Mr. Peters stated new retirees have two primary emotions – excitement and apprehension. Work provides purpose and meaning to a person's life. It is just as important to establish a purpose and passion after retirement, whether that is volunteering, a

hobby or a second career. Mr. Peters stated individuals should begin saving for retirement in their 20's. One of the most common missteps is not understanding the cost of health insurance, especially if an employee is retiring prior to age 65 and has to cover the full cost of health insurance.

- Review of the November 1, 2016 Minutes
 - Ms. Gendron asked the Committee to review to the minutes of the November 1, 2016 Community Partnerships meeting. No changes were made. Upon a motion by Ms. Nix, seconded by Mr. Morales, the minutes of November 1, 2016 were unanimously approved.
- Commission on Aging Update
 - Ms. Gendron provided a brief update of the Commission on Aging's activities. The 2016 Commission on Aging Annual Report and the LIFE Information for Elders Spring 2017 seminar series were distributed. Ms. Gendron stated the Spanish translation of the Fraud Prevention Resource Guides was printed and copies were available for pick-up after the meeting. The next "train-the-trainer" class for the Th'EYES Senior Sensitivity program is scheduled for February 17 and a flyer will be distributed by the end of the week.
- Partnership "Go Around" – Ms. Gendron asked attendees to share any new programs or events associated with their organization.
 - Ms. Reggentin distributed copies of the Florida Public Services Commission's *Where to Find Help in Florida* report and the Florida Department of Children and Family's financial eligibility standards that were published January 1, 2017.
 - Ms. Nunez stated the Digestive and Liver Center of Florida is available to help sponsor community events and their doctors are available to give community presentations.
 - Ms. Singletary stated that Community Legal services provides legal help to elders and does offer limited home visits for clients.
 - Ms. Lightell distributed the *Older Floridians Handbook*. Ms. Lightell provided a brief overview of the programs by the Senior Resource Alliance.
 - Ms. Nunne provided a brief overview of Candid Care.
 - Ms. Keene provided a brief overview of Everyone's Counseling Center and discussed the importance of caring for your emotional needs as you age.
 - Mr. Morales provided an overview of the Orange County Consumer Fraud Office.
 - Ms. Krona provided a brief overview of Admire Care.
 - Mr. Jenkins provided a brief overview of Easter Seals Adult Day, stating the center offers an arts and wellness program to its clients. Nursing professionals are also on site.
 - Ms. Monroe stated Cornerstone Hospice always welcomes volunteers. Ms. Monroe provided a summary of the scared space program where Cornerstone Hospice helps their clients create a special place in their home for personal reflection.
 - Mr. Terrell stated Oak Central Florida is a new nonprofit organization dedicated to enhancing the quality of life for elders in Central Florida. He

announced three events happening in February to honor Black HIV/AIDS Awareness month.

- Ms. Hassey provided an overview of the programs offered by Seniors First. The home improvement program was discontinued in 2016.
- Ms. Anderson stated she is a member of the public and appreciates the information about elder services.
- Ms. Roman provided a brief overview of Humana's Medicare Advantage Plans and announced their new office location at the intersection of Colonial Drive and Hiawassee Road. Another outreach office will open in the spring in Altamonte Springs. Ms. Roman announced the Wounded Warriors football game being held Friday, Jan. 27 at Dr. Phillips High School.
- Ms. Brooks provided a brief overview of Hand in Hand.
- Mr. Lee provided a brief overview of Flourish in Place.
- Mr. Walker stated the Florida Council on Compulsive Gambling has a 24-hour helpline and 28 percent of callers are elders. Mr. Walker stated his organization has numerous resource materials and these materials are population specific. Florida Council on Compulsive Gambling is also available for community presentations or events.
- Mr. Quinones provided a brief overview of North Star Seniors Advisors.
- Ms. Nix provided a brief overview of Sawyer & Sawyer, P.A. Ms. Nix stated one of the most important documents to have is a durable power of attorney and encouraged everyone to put this on their "to-do" list for 2017.
- Ms. Gendron provided a brief overview of the Alzheimer's & Dementia Resource Center and announced the savvy Caregiver classes for 2017.
- The meeting ended at 10:30 a.m.

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