

**Community Partnerships Committee
Of the Orange County Commission on Aging**

Tuesday, March 1, 2016 * 8:30 a.m. – 10:00 a.m.
Holden Heights Community Center, 1201 20th St., Orlando, FL 32805

Bringing together local organizations that work directly with & provide services for seniors, their caregivers & their families in the Central Florida community. Providing the Commission on Aging input on proposed projects & identifying needs of older Orange County adults.

Members Present

Carolyn Austin, Bruce Antone, Florida House District 46
Jasmin Cabrera, Halifax Health Hospice
Marilyn Chrisman, Florida Hospital Winter Park
Edith Gendron, Alzheimer's & Dementia Resource Center
Maura Hassey, Seniors First, Inc.
Sally Kopke, VITAS
Nikki Magyar, Right at Home
Nancy Nix, Sawyer and Sawyer, P.A.
Kara Pappalardo, DCF Adult Services
Lisa Rivera, MTM
Ann SanCartier, Halifax Health Hospice
Elizabeth Seijas, DCF Adult Services
Ken Terrell, Owl (Older Wiser Learning) at The Center
Ada Tirado, Community Health Centers
Sharon Wiley, Holden Heights Front Porch
Katherine Wrenfro, Holden Heights Front Porch

Staff Present

Mimi Reggentin, Office on Aging

Minutes

- Welcome - Ms. Gendron opened the meeting. Upon a motion by Ms. SanCartier, seconded by Mr. Terrell, the minutes of January 2016 were unanimously approved.
- Marilyn Chrisman, Florida Hospital gave a presentation on 'How Hospitals Plan for the Needs of their Elderly Clients'. Ms. Chrisman discussed key features Winter Park Memorial Hospital's efforts to make their emergency room the first 'senior-friendly' ER in the Central Florida area. These efforts included analyzing demographic trends, conducting best practice research, conducting gap analyses and listening to customer feedback.
- Commission on Aging Updates
- LIFE Information for Elders Seminars – Ms. Gendron asked the Committee to select the speakers for the Fall 2016 seminar series. The following speakers were selected for the fall topics:
 - A physical therapist's tips & tricks to staying healthy (Ren. & Orl.) -Pinnacle Home Health or FUNctional Independence Training

- Creating a family love letter (Ren.) – Sally Kopke
- Driving & dementia (West Oaks) – Fran Carlin Rogers or AARP
- Easy strategies for health aging (Orl.) – Marilyn Chrisman
- Helping seniors with a loss of independence (West Oaks) – Jennifer Campbell
- Important document checklist – what to keep, store and shred (West Oaks & Orl.) – Nancy Nix
- Living with arthritis (Ren.) – occupational therapist
- Maximizing your Social Security benefits (Ren. & Orl.) – Becky Goldstein or Scott Keiber)
- Power of meditation (Ren.) – Tisse Mallone
- Self-compassion: a life skill for emotional resilience (Ren.) – Ann SanCartier
- Self-defense for seniors (West Oaks & Orl.) – Safe Florida Inc. – ask Ken Terrell
- Surprising science of happiness (West Oaks) – connect with UCF
- Tackling clutter and hoarding at home (West Oaks & Orl.) – Ann Hutchins
- Silver Wings / Flying Dreams Event - Ms. Gendron stated staff is partnering with AARP Florida and Rollins College to show the new documentary '*Silver Wings / Flying Dreams*'.
- Commission on Aging Open House – Ms. Gendron stated the Office on Aging has moved under the Community Action Division and will be hosting an open house for the community on March 24.
- Partnership “Go Around” – Ms. Gendron asked attendees to share any new programs or events associated with their organization. Discussion ensued.
- The meeting ended at 10:05 a.m.

MMR/