

**Community Partnerships Committee
Of the Orange County Commission on Aging
May 5, 2015 Meeting Minutes**
2100 E. Michigan Street, Orlando - 2nd Floor Conference Room

Bringing together local organizations that work directly with & provide services for seniors, their caregivers & their families in the Central Florida community. Providing the Commission on Aging input on proposed projects & identifying needs of older Orange County adults.

Members Present

Teri Cocking, Salvation Army
Alex Cooper, Community Health Centers
Nancy Gavaghan, FUNctional Independence Training
Edith Gendron, Alzheimer's & Dementia Resource Center
Mary Ellen Grant, Share the Care
Maura Hassey, Seniors First, Inc.
Mandy Kimmer, Orange County Parks & Recreation
Sarah Lightell, Senior Resource Alliance
Kimberly Newton, Alzheimer Association & Elder Ambassador
Nancy Nix, Sawyer and Sawyer, P.A.
Susan Pettegrew, Florida Clinical Research Center
Ada Tirado, Community Health Centers

Also Present

Mimi Reggentin, Office on Aging
Judi Kerr, Citizens Resource & Outreach

Handouts

- Agenda
- March 5, 2015 Minutes
- Counsel for Caregivers Fall 2015 Draft Schedule
- Senior Center Brochure – Summary Outline
- Elder Ambassador – Class 2015 Outline

Minutes

- Welcome
 - Ms. Gendron welcomed the Committee and asked everyone to review the March minutes. Upon a motion by Ms. Nix, seconded by Ms. Hassey, the minutes of March 5, 2015 were unanimously approved.
- “Caregiving Empowerment (and Trends)” Presentation - Mary Ellen Grant, Share the Care
 - Ms. Grant stated that Share the Care provides services and support to caregivers to eliminate or delay institutional care. Share the Care is not disease or age specific – and the agency does provide services to people with disabilities. The

one central theme is caregiving. As an agency, they provide knowledge, choices and tools.

- Share the Care operates five adult day centers in Orange and Seminole counties and these centers serve 150 people daily.
- Share the Care operates Caregiver Central, which is an internet triage system that takes approximately 10 minutes to complete. Consumers are given a report that screens them for 10 different types of services that may be appropriate for them. People can take the survey over again as their circumstances change. This allows consumers to make their own choices.
- Through this internet triage program, they are gathering demographics on local caregivers. Their statistics show the average caregiver in Central Florida is a 54 year old female.
- Share the Care is currently marketing the Caregiver Central tool to employee assistance programs.
- Share the Care is currently working with the Winter Park Health Foundation to help train other nonprofits on how to create a for-profit arm to their business, including how to determine fee-based pricing for services.
- Share the Care is also working with several agencies to establish a Caregiving Services Network that would be available for consumers who are willing to pay for services without going through an income eligibility determination. The other participating agencies include Seniors First, Center for Independent Living, Lutheran Counseling Center and Lutheran Haven.
- Ms. Grant stated some of the trends she is seeing include more developmentally disabled adults aging out of the state system and still needing services. In particular, individuals with Downs Syndrome are often diagnosed with dementia in their 40's and 50's. Share the Care serves these individuals. The National Family Caregiver Support Act, which was established in 2001, does pay for adult day services for these individuals when the parent is age 60+.
- Share the Care is also looking at a future partnership with Quest.
- Share the Care is involved in two other projects.
 - Arts study – The National Center for Creative Aging and the UCF School of Health & Public Affairs is conducting a pilot study for a creative arts toolkit. Individuals can access different arts modular from the web, work with an elder on these modular and then report their findings and ease of use. Participants receive a \$100 Publix gift card for their participation.
 - Caregiver Retreat – Share the Care's annual retreat is coming up and will be held at the Mission Inn. The theme is 'nurturing your inner child.'
- In response to a question, Ms. Grant stated the website for Caregiver Central is www.caregivercentral.org.
- In response to a question, Ms. Grant stated she just attended a training session in Tallahassee for the Savvy Caregiver Project. The Senior Resource Alliance will be coordinating the funding locally for this project.
- Caregivers Seminar Series
 - Ms. Gendron stated the name of the caregiving seminar series is being changed to LIFE information for elders. The fall 2015 schedule is undergoing a final proof and will be available around June 1st.

- Orange County Recreational Activities Project
 - Ms. Gendron stated this is a new partnership with the Orange County Parks and Recreation Department. Mandy Kimmer, the Public Information Officer for Parks was introduced. The goal is to develop a brochure that summarizes the recreational opportunities in Orange County for seniors. The document is being created in response to a citizen who attended a recent Parks master plan meeting and expressed her frustration that there was no central place / document that listed all the senior recreational options in Orange County,
 - Ms. Gendron asked the Committee for their input on the types of categories that should be in the summary brochure, the list of senior centers, and the types of information that should be gathered for this document. It was noted this document will not list the times / dates of programming; rather, it will provide an overview of what types of activities are available at each center. Individuals will be directed to contact the individual centers for dates and times.
- Elder Ambassador Program
 - Ms. Gendron stated Elder Ambassadors provide free seminars, act as vendors at community events and disseminate elder resources in the community.
 - Ms. Gendron reviewed the statistics for the 2014 program and the training schedule to date.
 - She stated the Commission on Aging will be considering hosting a Class of 2015 this fall. If approved, applications will be let in June and due in July. Training would be held in September.
- Partnership “Go Around”
 - Ms. Grant, Share the Care – Ms. Grant stated Share the Care has recently obtained a grant that helps pay for marketing services. She also stated that they paid \$60 for a one-time “boost” on Facebook, which then forwarded their Facebook post to “people who like your post and their friends”. This greatly expanded their Facebook audience. Ms. Grant stated that AARP is looking at incorporating Caregiver Central into their national caregiver toolkit.
 - Ms. Hassey, Seniors First, Inc. – Ms. Hassey stated Seniors First has received additional funding from the City of Orlando for their home improvement program and, therefore, there is currently no waitlist for Orlando residents interested in this program. (There is a waitlist for residents living outside the Orlando city limits.) This program helps with minor home repairs, plumbing and weatherization. There are income guidelines. There is also no waitlist for their fee-based services including meals on wheels and home companion fee-based services. Seniors First recently won the contract to provide Community Care for the Elderly and ADI programming in Polk County. They are currently hiring a program manager, case managers and administrative staff.
 - Ms. Tirado and Mr. Cooper, Community Health Centers – Ms. Tirado stated their organization provides healthcare for the entire family and takes most insurance plans as well as has a slide fee scale. They have twelve centers in Orange and Lake Counties. They provide dental services and, at the Winter Garden site, optometry and podiatry. She stated that many seniors, who are under age 65, do not qualify for the Affordable Care Act and have trouble affording insurance.

- Ms. Pettegrew, Florida Clinical Research Center – Ms. Pettegrew stated they are currently recruiting participants for clinical trial on amyloid plaque formation as well as several non-medication studies. Their organization focuses on clinical trials on the central nervous system including depression, other mental health conditions and ADHD.
- Ms. Newton, Alzheimer Association & Elder Ambassador – Ms. Newton stated she has enjoyed sharing her knowledge as an Elder Ambassador. She announced a new ‘Memories in the Making’ class being offered by the Alzheimer’s Association at the Renaissance Senior Center in May and June. She will be the art teacher!
- Ms. Cocking, Salvation Army – Ms. Cocking stated the Salvation Army is hosting a Senior Extravaganza event on August 7th from 10 a.m. to Noon. She invited agencies to participate. She will also be coordinating another Senior Olympics event for her residents in the coming months.
- Ms. Kimmer, Orange County Parks & Recreation – Ms. Kimmer stated she is the public information officer for the Parks Division. She added that she recently participated in the Senior Olympics and won first place in women’s tennis.
- Ms. Kerr, Citizen’s Resource & Outreach Office – Ms. Kerr stated she has been helping with the LIFE information seminars and other projects of the Commission on Aging.
- Ms. Lightell, Senior Resource Alliance – Ms. Lightell stated their organization is the Area Agency on Aging for Central Florida. They manage the federal and state contracts for aging services in Central Florida as well as provide some educational resources to the community.
- Ms. Gendron, Alzheimer’s & Dementia Resource Center – Ms. Gendron stated their agency provides three core services - support groups, education and training to caregivers, and oversight of the Florida Brain Bank program for part of Florida. The ADRC is launching a new music and memories program on May 14.
- Ms. Nix, Sawyer & Sawyer, P.A. – Ms. Nix overviewed the elder law services offered by Sawyer & Sawyer. She stated that Carolyn Sawyer was active is helping to get the new elder abuse and exploitation law adopted. Carolyn does presentations on this new law in the community.
- Ms. Gavaghan, FIT – Ms. Gavaghan provided a brief overview of the FIT program and stated they had 75 people sign up for this program at the recent 50+ FYI Expo at the Renaissance Senior Center. They are currently looking for space to hold their next 8-week class. They will be doing a presentation at the Marks Street Recreational Center on May 8.
- The meeting ended at 10:15 a.m.

MMR/