

**Community Partnerships Committee
Of the Orange County Commission on Aging**

Friday, March 6, 2020 * 8:30 a.m. – 10:00 a.m.

Guardian Care Day Healthcare Center for Seniors, 2511 W. Church St., Orlando 32805

Bringing together local organizations that work directly with & provide services for seniors, their caregivers & their families in the Central Florida community. Providing the Commission on Aging input on proposed projects & identifying needs of older Orange County adults.

Members Present

Angela Adams, Central Florida Pharmacy Council
Elizabeth Alacci, DCF
Carolyn Austin, Florida House District 46
Mark Batchelor, Cybercrime Support Network
Katie Bridge, Orlando Health Memory Disorder Clinic
Wendy Cuomo, Cornerstone Palliative Care
John Davis, USA Dance
Denise Dulniak, Dementia-Friendly Dining
Holli Francis, Seniors First, Inc.
Fabiola Gaines, Hebni Nutrition consultant
Nancy Gavagan, FUNctional Independence Training
Edith Gendron, Alzheimer's & Dementia Resource Center
Toni Giltes, Heart Light Enterprises
Denise Hogan, Second Harvest
Helen Jones, AARP Florida
Laura Lang, Orange County Sheriff's Office
Paul Lewis, City of Orlando
Anne Maley, FUNctional Independence Training
Stephanie Malally, Guardian Care
Kim McMahon, UF/IFAS Extension in Orange County
George McZeal, Commission on Aging / Elder Ambassador
Bridget Monroe, Cornerstone Hospice
Victor Peronti AdventHealth Hospice
Laura Phelps, Guardian Care
Mexcy Roberts, Legal Aid Society of Orange County Bar Association
Fred Roberston, VITAS Healthcare
Kelli Robertson, Volunteers for Community Impact
Patti Stanley, Divine Endings
Jennifer Talbot, Winter Garden Home Care
Anita Vargas, Orlando Health Memory Disorder Clinic
JacQuie Walker, Department of Elder Affairs
Mike Walsh, Lighthouse of Central Florida

Staff Present

Mimi Reggentin, Office on Aging

Minutes

- Ms. Gendron opened the meeting and thanked everyone for attending. She also thanked Cornerstone for sponsoring the light refreshments.

Guardian Care Day Healthcare Center for Seniors Overview – *Stephanie Malally, Guardian Care*

- Ms. Malally provided an overview of the new Guardian Care Day Health Care Center for Seniors. She stated the state of Florida has just approved their organization for Medicaid payment.

Cybercrime Trends and Tools – *Mark Batchelor, Cybercrime Support Network*

- Mr. Batchelor stated the Cybercrime Support Network is a 501(c)3 collaboration created to meet the challenges facing millions of individuals who have been affected by cybercrime. Cybercrime occurs when either an electronic device is the object of a crime or when a device is used to commit a crime. Cybercrime is significantly underreported – but, the cases that have been reported have drastically increased. In Florida, cybercrime accounted for \$178 million in financial losses.
- Mr. Batchelor stated one of the primary goals of the Cybercrime Support Network is to create a nationwide partnership with the 211 community services helpline, which is accessible to 95 percent of Americans. The partnership between 211 and the Cybercrime Support Network will be statewide by the end of 2020. Individuals who suspect they have been victimized by cybercrime can call 211 to learn how to report cybercrime, obtain information on how to recover and learn how to secure their online systems to prevent future cybercrime.

Review of the Minutes of January 10, 2020

- Ms. Gendron asked the Committee to review the January 10, 2020 minutes. No changes were made.

Commission on Aging Update

- LIFE Information for Elders - Ms. Gendron stated staff has conducted a survey to identify topics for the Fall 2020 seminar series. The Committee recommended the following speakers for the top six topics from this survey.
 - If it's not "Dementia," What's Causing My Memory Lapse (normal verses not normal aging) – Edith Gendron was recommended
 - Reinventing Yourself After Retirement – Sara McCloud or someone from Growing Bolder
 - Understanding Your Annual Blood Work Numbers – Dr. Marwa El-Menshawi
 - Do Brain Cells Regenerate? – Dr. Craig Curtis or Ira Goodman
 - Diet Tweaks that Pack a Punch – Stephanie with Hebni Nutrition
 - Maintaining Healthy Feet – Ms. Malally will provide a contact. Brenda Boyd at Foster Grandparents also has a contact.

Partnership “Go-Around”

- Ms. Talbot, Winter Garden Home Care – The Winter Garden Rotary sponsors a program that provides free non-motorized medical equipment to the public.
- Mr. Robinson, VITAS – VITAS has been awarded a Level 5 (the highest) for their veterans program, We Honor Veterans.
- Mr. Dulniak, Dementia-Friendly Dining – Four more restaurants are interested in the dementia-friendly dining training. The Meatball Stoppe was the first restaurant to receive this training. WUCF has spotlighted this training initiative.
- Ms. Bridge, Orlando Health Memory Disorder Clinic – Ms. Bridge introduced Ms. Vargas as the new social worker for this disorder clinic.
- Mr. Lewis, City of Orlando – The City of Orlando is moving forward with preparing a Livable Communities application to AARP. There is a Livable Communities survey and Mr. Lewis asked for help in encouraging city residents to complete this application.
- Mr. Peronti, AdventHealth Hospice – AdventHealth will be launching a new COPD program within their hospice in the next few months.
- Ms. McMahon, UF/IFAS Extension in Orange County – Staff can offer free nutrition classes in the community.
- Ms. Robertson, Volunteers for Community Impact – The small stipend that Foster Grandparent volunteers receive is being increased from \$2.65/hour to \$3/hour in April.
- Ms. Roberts, Legal Aid Society of Orange County Bar Association – Ms. Roberts provided an overview of the types of legal support offered by Legal Aid.
- Ms. Stanley, Divine Endings – Ms. Stanley provided an overview of the services provided by an end-of-life doula.
- Ms. Gaines, Hebni Nutrition – The Committee was encouraged to attend a Weeble Wooble family fun event on April 11 and invite the Fresh Stop bus to their communities.
- Mr. McZeal, Commission on Aging – Mr. McZeal provided an overview of his American Legion Color Guard program and encouraged the Committee to invite the Color Guard to their events. Mr. Robinson stated this Color Guard were national champions for three years.
- Ms. Lang, Orange County Sheriff’s Office – An overview of the services and programs provided to elders in Orange County was provided.
- Ms. Jones, AARP Florida – An overview of the AARP initiatives in Central Florida was provided.
- Ms. Hogan, Second Harvest – Second Harvest hosts a free 14-week culinary training program to qualifying residents. This program has 100% job placement for graduates.
- Mr. Davis, USA Dance – This nonprofit provides free dance performances in the community, including two presentations a year at the VA nursing home. Volunteers also run an eight-week program for special needs children each year.
- Ms. Francis, Seniors First, Inc. – A new Saturday Meals-on-Wheels program is being launched. Enrollees will receive a week’s worth of meals on Saturday. Enrollees will also be able to select their meal choices from a menu of options.
- Mr. Walsh, Lighthouse of Central Florida – Age-related eye diseases are the largest cause of blindness in the United States.
- Ms. Monroe, Cornerstone Hospice – A four week prevention program is being offered at Mount Olive Baptist Church in March.

- Dr. Adams, Central Florida Pharmacy Council – The Medication Information Safety for Seniors (MISS) program is recruiting five senior groups to participate in a free four-week training program on medication safety, interactions and management.
- Ms. Cuomo, Cornerstone Palliative Care – The palliative care program is now a separate program from the hospice care program. A summary of palliative care was provided.

The meeting ended at 10:15 a.m.

MMR/